





Central Foods
and **Trading**[®]



**PRODUCT
CATALOGUE**



Bridging home, foods,
hearts and cultures.



“We have *more in common* than that which divides us.”

PRODUCT CATALOGUE



PRODUCE

Roots / Frozen / Fruits / Vegetables / Leaves and Herbs



ROOTS

- Sweet Potato
- Yellow Yam
- Dasheen
- Sweet Yam
- Casava
- Coco
- Ginger
- Tumeric



FROZEN

- Frozen Bammy
- Frozen Bredfruit
- Frozen Calaloo
- Frozen Ackee



FRUITS

- JP Green Plantain
- JP Green Banana
- Pumpkin
- Breadfruit
- Sugar Cane
- Orange
- Julie Mango
- East Indian Mango
- Sorrel
- Sour Sop
- Sweet Sop
- June Plumb
- Papaya
- Coconut



VEGETABLES

- Thyme
- Scallion
- Scotch Bonnet Pepper



LEAVES AND HERBS

- Sousop leaf
- Lime leaf
- Cinnamon leaf
- Guinean weed
- Spurlina
- Chainy root
- Strong Back root
- Sea moss
- Pimento leaf
- Pimento



DRINKS

Coconut Water / Tropical Drink / Soft Drinks / Milk Base / Syrups / Beer and Shandy
Tonics and Bitters / Teas, Coffee and Hot Beverage Mixes, Sweeteners



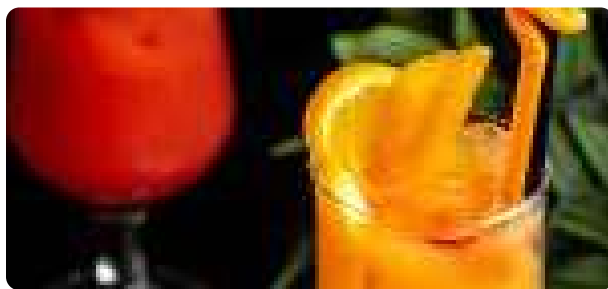
COCONUT WATER

Sizes

Grace

Grace Coconut Water

With Pieces	310 ml
Without Pieces	310 ml



TROPICAL DRINK

Sizes

Grace

Grace Tropical Rhythms

Reggae Medley	475ml
Fruit Punch	475ml
Pineapple Ginger	475ml
Sorrel Ginger	475ml
Mango Carrot	475ml



SOFT DRINKS

Sizes

TING

Pink Bottle	300ml
Original Bottle	330ml
Original Can	330ml

D&G

Pineapple Soda Glass Bottle	354ml
Cream Soda Glass Bottle	354ml
Grape Soda Glass Bottle	354ml
Kola Soda Glass Bottle	354ml

Solo

Apple J	355ml
Pear J	355ml
Sorrel	355ml
Cream Soda	355ml
Grape	355ml
Kola Champagne	355ml

BIGGA

Ginger Beer	600ml
Fruit Punch	600ml
Grape	600ml
Jamaican Kola	600ml
Pineapple	600ml

CHUBBY

Berryblast	250ml
Grape	250ml
Green Punch	250ml
Pineapple	250ml
Cola	250ml



DRINKS

Coconut Water / Tropical Drink / Soft Drinks / **Milk Base** / **Syrups** / **Beer and Shandy**
Tonics and Bitters / Teas, Coffee and Hot Beverage Mixes, Sweeteners / Malts



MILK BASE

Sizes

Miracle

Peanut Punch	250ml
Egg Nog	250ml

Big Bamboo

Irish Moss Oats	284ml
Irish Moss Peanut	284ml
Irish Moss Original	284ml
Irish Moss Strawberry	284ml

Strong Back

Vanilla	305g
Vanilla	1lt
Peanut	305g

Supligen

Irish Moss	290g
Irish Peanut	290g
Irish Chocolate	290g
Irish Vanilla	290g
Irish Cookie And Cream	290g

Black Stallion



SYRUPS

Sizes

Pure

Fruit Punch Syrup	1l
Bulk Kola Syrup	1l
Bulk Pineapple Ginger Syrup	1l
Bulk Pineapple Syrup	1l
Bulk Strawberry Syrup	1l
Bulk Mango Syrup	1l
Bulk Sorrel Ginger Syrup	1l
Bulk Cherry Syrup	1l
Bulk Grape Syrup	1l
Bulk Ginger Syrup	1l
Bulk Plain Syrup (Liquid Syrup)	1l

Grace

Cherry Syrup	750ml
Strawberry Syrup	750ml



BEER AND SHANDY



DRINKS

Coconut Water / Tropical Drink / Soft Drinks / Milk Base / Syrups / Beer and Shandy
Tonics and Bitters / Teas, Coffee and Hot Beverage Mixes, Sweeteners / Malts



TEAS, COFFEE AND HOT BEVERAGE MIXES, SWEETENERS

TONICS AND BITTERS

	Sizes
Magnum	
Tonic Wine (Jamaican)	
Mandingo	
Tonic Wine	240ml
Baba Roots	
Herbal Beverage (Jamaica)	
Zion	
Ginseng Energiser	207ml
Tiger Herbal Tonic	207ml
Soo Natural	
Moringa Cinnamon Drink	200ml
Noni Sorrel Drink	200ml
Moringa Drink	200ml
Noni Roots Drink	200ml
Cerassie Drink	200ml
Hard Stone Roots Drink	200ml
Intense Roots Drink	200ml
Moringa Soursop Drink	200ml
Guinea Hen Drink	200ml
Hi-Grade Staminizer Drink	200ml

Sizes

Jablum

Blue Mountain Coffee Gold Bean	8oz
Blue Mountain Coffee Gold Ground	8oz
Coffee Beans	8oz
Coffee Ground	8oz
Instant Coffee	56.7oz

Jamaica Mountain Peak

Coffee Jars	6oz
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Mountain Peak

Coffee Sachet	
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Tea Bags

Caribbean Dreams

Bissy Tea Bag	24ct
Cerasee Tea Bag	20ct
Cerasee Tea Bag	24ct
Cinnamon Tea Bag	24ct
Cinnamon Tea Bag	24ct
Green Tea & Mint	24ct
Peppermint Tea Bag	24ct
Sorrel Ginger Tea Bag	24ct
Soursop With Honey Tea Bag	20ct
Tumeric Tea	20ct



DRINKS

Coconut Water / Tropical Drink / Soft Drinks / Milk Base / Syrups / Beer and Shandy
Teas, Coffee and Hot Beverage Mixes, Sweeteners / Malts

TEAS, COFFEE AND HOT BEVERAGE MIXES, SWEETENERS

Tops

Cerassie	24ct
Classic Jamaicn Peppermint	24ct
Ginger Fever Grass	24ct
Ginger Mint	24ct
Lemon Grass	24ct
Cinnamon	24ct
Ginger	24ct

Hot Tea/Beverages Mixes

Lasco Food Drink

Vanilla	120g
Vanilla	500g
Chocolate	120g
Chocolate	500g
Strawberry	120g
Strawberry	500g
Creamy Malt	120g
Creamy Malt	500g
Peanut	120g
Peanut	500g



MALTS

Vitamalt

	Sizes
Vitamalt	330ml
Vitamalt Ginger	330ml

Maltina Nigeria

Bottle	330ml
Can	330ml

Malta Guinness (Nigerian)

Bottle	330ml
Bottle Multi Pack	330ml
Can	330ml

Grace

Might Malt	330ml
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GROCERY

Coconut Products / Flour and Powders / Sugars / Butters and Margarines / Honey Spreads / Canned Milk
Canned Beans and Pulses / Canned Meats / Canned Fruits and Vegetables / Canned Fish



COCONUT PRODUCTS

	<i>Sizes</i>
Grace	
Coconut Milk Powder	1kg
Coconut Milk Powder	12 X 50g
Canned Coconut Milk	400ml
Maggie	
Coconut Milk Powder	6 X 300g
Coconut Milk Powder	6 X 1kg
Delect	
Coconut Milk Powder	50g
Coconut Milk Powder Canned	



FLOUR AND POWDERS

	<i>Sizes</i>
JF Mills	
All Purpose Flour	1kg
Counter Flour	1kg
Powders	
Cornmeal	
Bulk	
Self Rising Flour	Per kg
Baking Flour	Per kg



SUGARS

Brown Sugar



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Coconut Products / Flour and Powders / Sugars / **Butters and Margarines** / Honey Spreads / Canned Milk
Canned Beans and Pulses / Canned Meats / Canned Fruits and Vegetables / Canned Fish / Cake Mixes / Festival Mixes
Food Flavorings / Extract / Dried Fruits / Cornstarch



BUTTERS AND MARGARINES

	<i>Sizes</i>
Chiffon	
Soft Margarine (Jamaica)	12 x 454g
Soft Margarine (Jamaica)	12 x 227g
Goldseal	
Margarine (Jamaica)	12 x 227g
Reduced Fat Margarine (Jamaica)	12 x 227g
Vegan Margarine (Jamaica)	12 x 227g



HONEY SPREADS

	<i>Sizes</i>
Tropical Sun	
Natural Molasses	6 x 454g
Black Strap	
Jamaican Molasses	6 x 200g
Tru Jamaica	
Molasses	6 x 340g
Burnt Sugar	6 x 340g

CANNED MILK

	<i>Sizes</i>
Betty	
Sweetened Condensed Milk	395g
Sweetened Condensed Milk	180g
Sweetened Condensed Milk Cinnamon, Vanilla Nutmeg	395g
Sweetened Condensed Milk Creamer	395g
Sweetened Condensed Milk	395g



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Canned Beans and Pulses / **Canned Meats** / **Canned Fruits and Vegetables** / **Canned Fish** / Cake Mixes / Festival Mixes
Food Flavorings / Extract / Dried Fruits / Cornstarch



CANNED BEANS AND PULSES

Grace

	Sizes
Baked Beans	300g
Black Beans	400g
Blackeye Peas	400g
Broad Beans	48 x 300g
Butter Beans	48 x 300g
C/Beef Low Salt	198g (7 oz)
C/Beef Low Salt	340g (12 oz)



CANNED MEATS

Grace

	Sizes
Corned Beef Halal	6 x 340g
Chicken Viennas Hot & Spicy	24 x 200g
Chicken Viennas Original	24 x 200g
Vegan Margarine (Jamaica)	12 x 227g

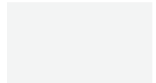


CANNED FRUITS AND VEGETABLES

Juliana

- Canned Ackee
- Canned Callaloo

Sizes



CANNED FISH

Grace

	Sizes
Chunky Hot & Spicy Mackerel	200g
Chunky Mackerel	200g
Classic Mackerel In T/Sauce	425g (15oz)
Chunk Light Tuna In Vegetable Oil	142g
Chunk Light Tuna In Water	142g
Jack Mackerel	425g (15oz)
Jack Mackerel Hot & Spicy	425g (15oz)
Jack Mackerel In T/Sauce	200g



GROCERY

Coconut Products / Flour and Powders / Sugars / Butters and Margarines / Honey Spreads / Canned Milk
Canned Beans and Pulses / Canned Meats / Canned Fruits and Vegetables / Canned Fish / **Cake Mixes** / **Festival Mixes**
Food Flavorings / Extract / Dried Fruits / Cornstarch



CAKE MIXES

	<i>Sizes</i>
Annilu	
Jamaican Fruit Cake Mix	774.7g
Bob's Red Mill	
Corn Bread Mix	20oz
J.F. Mills	
Chocolate Cake Mix	500g
Lux Chocolate Cake Mix	500g
Lux Yellow Cake Mix	500g
Sweet Potato Pudding Mix	500g
White Cake Mix	500g
White Cake Mix	1kg
Yellow Cake Mix	500g



FESTIVAL MIXES

	<i>Sizes</i>
Gold Seal	
Festival Mix	454g
J.F. Mills	
Festival Mix	1kg
Festival Mix	454g



FOOD FLAVORINGS

	<i>Sizes</i>
Benjamins	
Almond Flavour	56.8ml
Almond Flavour	4oz
Banana Flavoring	60ml
Lemon Flavour	2oz
Pineapple Flavour	2oz
Strawberry Flavour	2oz
Vanilla	230ml
Vanilla	113.6ml
Vanilla	480ml
Vanilla	1gal
Vanilla Alcohol Free	480ml
Vanilla Alcohol Free	120ml
Vanilla Berry	480ml
Vanilla Berry	120ml
Mixed Spice	60ml
Mixed Spice	120ml
McLas	
Vanilla	12 x 60ml
Vanilla	12 x 120ml
Vanilla	6 x 480ml
Clear Vanilla	6 x 480ml
Clear Vanilla	24 x 480ml



GROCERY

Coconut Products / Flour and Powders / Sugars / Butters and Margarines / Honey Spreads / Canned Milk
Canned Beans and Pulses / Canned Meats / Canned Fruits and Vegetables / Canned Fish / Cake Mixes / Festival Mixes
Food Flavorings / **Extract** / **Dried Fruits** / **Cornstarch**



EXTRACT

Benjamins

	<i>Sizes</i>
Cinnamon Extract	56.8ml
Ginger Extract	4oz
Nutmeg Extract	60ml



CORNSTARCH

Eve

	<i>Sizes</i>
Cornstarch	454g
Cornstarch	226g



DRIED FRUITS

Bulk

	<i>Sizes</i>
Cherries	Per kg
Currants	Per kg
Dried Coconut Flakes	Per kg
Dried Cranberry	Per kg
Papaya Chunks	Per kg
Pecan Pieces	Per kg
Prune	Per kg



SAUCES, OILS AND VINEGARS

Sauces / Browning / Marinades / Seasonings / Cooking Oils / Specialty Oils / Vinegars / Lemon and Lime Juice



SAUCES

	Sizes
Pickapeppa	
Original Sauce	148ml
Gingery Mango Sauce	142ml
Hot Mango Sauce	142ml
Hot Pepper Sauce	148ml
Grace	
Hot Pepper Sauce	85ml
Fish & Meat Sauce	142ml
Scotch Bonnet Hot Pepper Sauce (Green)	142ml
Grace Scotch Bonnet Hot Pepper Sauce (Yellow)	142ml
Sweet & Spicy Hot Pepper Sauce	253ml
Jerk Bbq Sauce	375ml
Spur Tree	
Crushed Red Pepper Sauce	148ml
Crushed Scotch Bonnet Pepper Sauce	148ml
Mango Scotch Bonnet Pepper Sauce	148ml
Pineapple Scotch Bonnet Pepper Sauce	148ml
BBQ Sauce	335ml
Reggae Table Sauce	335ml
Spice It Up Sauce	335ml

SAUCES

	Sizes
Eaton's	
Scotch Bonnet Pepper	5oz
Crushed Pepper Sauce	5oz
Hot Pepper Sauce	5oz
Jerk Sauce	5oz
West Indian Hot Mustard Sauce	5oz
Original Jerk Barbeque Sauce	19.5oz
Jamaican Rum Barbeque Sauce	19.5oz



BROWNING

	Sizes
Grace	
Browning	142ml
Juliana	
Browning	142ml



SAUCES, OILS AND VINEGARS

Sauces / Browning / **Marinades** / **Seasonings** / Cooking Oils / Specialty Oils / Vinegars / Lemon and Lime Juice



SEASONINGS

Sizes

Island Spice

Jerk Seasoning	32oz
All Purpose Seasoning	32oz
Jamaican Curry Powder	6oz
Chicken Seasoning	6oz
Fish Seasoning	6oz

Spur Tree

Jerk Seasoning	13.9oz
Oxtail Seasoning	13.9oz
All Purpose Seasoning	13.9oz
Curry Seasoning	13.9oz
Brown Stew Seasoning	13.9oz
Roast Chicken Seasoning	13.9oz
Chicken Stew Seasoning	13.9oz
Pork Stew Seasoning	13.9oz
Beef Stew Seasoning	13.9oz

Dunstan

Season to the Bone	8oz
Curry	8oz

Eaton's

Dry Jerk Seasoning Rub	3.7oz
Dry Mild Jerk Seasoning Rub	3.7oz
Fish Seasoning	3.7oz
Jerk Barbeque	3.7oz
Jamaican Oxtail Seasoning	3.7oz
Jamaica Spicy Wings Seasonings	3.7oz

MARINADES

Sizes

Walkerswood

Jerk Seasoning	280ml
Jerk Seasoning Mild	280ml

Grace

Jerk Seasonings Hot & Spicy	312g
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Juliana

Jerk Marinade	5oz
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Eaton's

Boston Bay Style Jerk Seasoning	12oz
Jamaican Jerk Seasoning	11oz
Jamaica Mild Jerk Seasoning	11oz
Jamaican Scotch Bonnet Jerk Seasoning	11oz

Spur Tree

Jerk Wing Marinade	13.9oz
Chicken Marinade	13.9oz
Pork Marinade	13.9oz
Beef Marinade	13.9oz



SAUCES, OILS AND VINEGARS

Sauces / Browning / Marinades / Seasonings / **Cooking Oils** / Specialty Oils / Vinegars / Lemon and Lime Juice



COOKING OILS

Sizes



VINEGARS

Sizes

Pure

Jamaican Distilled Vinegar	500ml
Jamaican Distilled Vinegar	1l
Jamaican Distilled Vinegar	1.89l

Lasco

Distilled White Vinegar	3.8l
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SPECIALTY OILS

Sizes

Benjamins

Castor Oil	120ml
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Shavot

Jamaican Black Castor Oil	118ml
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LEMON AND LIME JUICE

Sizes

Pure

Jamaican Lime Juice	750ml
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Home Choice

Jamaican Lime Juice	750ml
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NOODLES

Noodles and cup soups



NOODLES AND CUP SOUPS

	Sizes
Grace	
Pumpkin Soup	12 x 50g
Pumpkin Soup	144 x 50g
Cock Soup	12 x 50g
Cock Soup	144 x 50g
Chicken Noodle Soup	12 x 50g
Chicken Noodle Soup	144 x 50g
Cock Soup Spicy	50g
Cock Soup Spicy	600g
Cock Soup Spicy Mix 25% Less Sodium	
Spicy Hill Farms	
Ram Goat Soup	60g
Ram It Up Curry Goat Booster	20g
Scotch Bonnet Pepper	25g

NOODLES AND CUP SOUPS

	Sizes
Maggi	
Soup It Up Chicken Noodle Soup Mix	50g
Soup It Up Cock Soup	50g
Soup It Up Thick and Spicy	50g
Soup It Up Vegetable	50g
Noodles Masala	70g
Noodles Chicken	75g
Noodles Curry	79g



SNACKS, BREADS AND BUNS

Snacks / Breads Buns And Cakes / Crackers



SNACKS

	Sizes
Butterkist	
Sandwich Cookies Strawberry	55g
Sandwich Cookies Vanilla	55g
Sandwich Cookies Chocolate	55g
St. Mary's	
Banana Chips Original	142g
Banana Chips Original	71g
Plantain Chips Extra Crunchy	142g
Plantain Chips Extra Crunchy	71g
Banana Chips Cheese and Onion	40g
Ripe Plantain Chips Natural Sweet	40g
Plantain Chips Lightly Salted Extra Crunchy	40g
Cassava Chips Lightly Salted	40g
Cassava Chips Sour Cream and Onion	40g
Breadfruit Chips Lightly Salted	50g
Plantain Strips With Sea Salt	140g
Ripe Plantain Chips Scotch Bonnet Sweet	140g

SNACKS

	Sizes
Chippies	
Banana Chips	70g
Banana Chips	142g
Onion Bits Chips	70g
Onion Bits Chips	142g
Tiggaz	
Tiggaz	30g
Goody Snacks	
HoMade	
Tea Biscuits	
Scottie Biscuit	
Strawberry Cookies	
Chocolate Cookies	
Duplex Cookies	
Peanut Butter Cookies	
Ginger Biscuit	
Royal Crackerst	
Special Cream Crackers	
Salted Peanuts	



SNACKS, BREADS AND BUNS

Snacks / Breads Buns And Cakes / Crackers



BREADS, BUNS AND CAKES

Sizes

National

- Giant White Hardo
- Giant White Hardo Sliced
- Giant Bran Hardo Sliced
- Giant Bran Hardo Unsliced
- Giant Whole Wheat
- White Weekender
- Healthy Start Line – 100% Whole Wheat Bread, Healthy Start Multi Grain, Healthy Start Giant
- Spice Penny Bun
- Spice Loaf Bun
- Ginger Bulla

Honeybun

- Spiced Bun Sliced 5 x 795g
- Spiced Bun Sliced 1 x 795g
- Penny Fruit Bun 16 x 128g

St. Mary's

- Banana Bread with Rum 6 x 133g
- Banana Bread with Rum 18 x 133g

Fruit Cake

- Light Fruit Cake 40g

BREADS, BUNS AND CAKES

Sizes

Purity Miss Birdie

- Jamaican Spiced Bun 12oz
- Amazin Cinnamon Raisin & Oats Bread
- Cinnamon Rolls 3oz
- Coconut Bread 156g
- Coconut Rolls 3oz
- Corn Bread 110g
- Corn Bread 450g
- Spice Bun 110g
- Raisin Bread 98g



CRACKERS

Sizes

National

- Cream Crackers
- Golden Crackers
- Crispy Crackers
- Water Crackers

Purity Miss Birdie

- Wheat Crackers 113g



NON FOODS

Non Food Medical Rubs And Oils / Soap / Dutch Pots



MEDICAL RUBS AND OILS

Sizes

Benjamins

Bay Rum Pimento	12 x 250ml
Bay Rum Pimento	24 x 250ml
Bay Rum Menthol	12 x 250ml
Bay Rum Menthol	24 x 250ml
Bay Rum	12 x 250ml
Bay Rum	24 x 250ml
Rubbing Alcohol	12 x 250ml
Rubbing Alcohol	24 x 250ml
Rubbing Alcohol	6 x 500ml
Rubbing Alcohol Wintergreen	12 x 250ml
Rubbing Alcohol Wintergreen	6 x 500ml
Florida Water	12 x 60ml
Florida Water	12 x 120ml
Florida Water	12 x 240ml
Kananga Water	12 x 60ml
Kananga Water	12 x 120ml
Kananga Water	12 x 240ml
Honey Time	6 x 140ml
Mineral Oil	12 x 120ml
Olive Oil	12 x 60ml
Olive Oil	12 x 120ml

MEDICAL RUBS AND OILS

Sizes

Benjamins

Healing Oil	12 x 120ml
Healing Oil	36 x 60ml
Castor Oil	12 x 120ml
Eucalyptus Oil	12 x 30ml
Rose Water	12 x 120ml
Rose Water with Almond	12 x 120ml



SOAPS

Sizes

Blue Power

Carbolic Soap	12 x 125g
Carbolic Soap	72 x 125g
Castile Cocoa Butter	12 x 110g
Castile Olive Oil	12 x 110g
Castile Coconut Cream	12 x 110g
Laundry Soap	130g, 3pak



NON FOODS

Non Food Medical Rubs And Oils / Soap / **Dutch Pots**



DUTCH POTS

Sizes

Small	1 x 20cm
Small	4 x 20cm
Small	6 x 18cm
Medium	1 x 24cm
Medium	4 x 24cm
Medium	6 x 24cm
Large	1 x 28cm
Large	4 x 28cm
Large	1 x 30cm
Extra Large	1 x 32cm
Extra Large	4 x 32cm
Extra Large	6 x 32cm
King Size	1 x 36cm
King Size	4 x 36cm
King Size	4 x 42cm
Super King	1 x 40cm
Super King	2 x 40cm
Super King	4 x 50cm



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